

Measles



Measles is one of the world's most contagious diseases. It is a viral illness spread by coughing and sneezing. Although most people who catch it will recover, it can lead to life-threatening complications.

The UK has lost its measles-free status three years after the virus was eliminated in the country. Cases of the potentially deadly infection have been going up, with too few people being vaccinated.

Measles can be prevented through two doses of the MMR vaccine - something that is offered free by the NHS to all young children in the UK.

If your child hasn't been vaccinated yet, don't delay! Contact the Surgery and arrange it **now**.

Smear Tests



A Cervical Smear test is one of the best ways to protect yourself from cervical cancer. Cervical screening checks the health of your cervix. It's not a test for cancer, it's a test to help prevent cancer. Cervical screening may check for abnormal cell changes in your cervix – left untreated, this could turn into cancer.

It's your choice if you want to go for cervical screening. But cervical screening is one of the best ways to protect you from cervical cancer.

You can book a cervical smear test at Brooke Surgery. Just ask at reception.

Brooke Surgery

Newsletter

Winter 2019-2020

Coronavirus

The NHS and Public Health England (PHE) are extremely well prepared to combat, treat and beat Coronavirus. The NHS has put measures in place to ensure the safety of all patients and NHS staff while also ensuring services are available to the public as normal.

Here at Brooke Surgery, we have advice for all patients and families which you will find over the page



0161 368 3312



www.brookesurgery.co.uk



The Brooke Surgery



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Staff News

Two New Faces at Reception Katie and Pat are both experienced GP receptionists and will be working full time at Brooke Surgery.

Clinical Practice-based Pharmacist. Haseeb will be supporting the practice by bringing expert knowledge about medicines and disease states, drawing on experience from working in hospitals and community pharmacies across Manchester. Haseeb runs patient-facing clinics, answering questions about medicines, carrying out medication reviews and improving treatments.

He previously worked in general practice in Manchester for 18 months with Trafford CCG, and prior to this worked in Stepping Hill Hospital where he worked in the Stroke, Trauma & Orthopaedics, General Surgery and Urology teams.



Do's and Don'ts

Please do **NOT** leave the house if you think you may be affected. **DO NOT** come to the surgery. Instead – go online to 111.nhs.uk. If you don't have a smartphone or computer, call 111 from your phone.

Remember:

- wash your hands with soap and water often – do this for at least 20 seconds
- always wash your hands when you get home or into work
- use hand sanitiser gel if soap and water are not available
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin straight away and wash your hands afterwards
- try to avoid close contact with people who are unwell

Do NOT

- touch your eyes, nose or mouth if your hands are not clean

Free NHS Health Check

Helping you prevent heart disease, stroke, diabetes and kidney disease.



Are you aged 40 – 74??? If so, the team at Brooke Surgery would like to encourage you to book in with one of our Health Care Assistants for a **FREE NHS HEALTH CHECK**.

It's designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia. As we get older, we have a higher risk of developing one of these conditions. An NHS Health Check helps find ways to lower this risk. You are entitled to one of these checks every 5 years. Don't delay, appointments are in great demand. Let us help you to keep yourself healthy.

Patient Access

With **PatientAccess**, you can now access your local GP services at home, work or on the move — wherever you can connect to the internet. You can use either desktop or Mobile app to use the patient access.

What's more, because **PatientAccess** is a 24 hour online service you can do this in your own time, day or night.

It allows patients limited access to the surgery computer system to:

- Book, change or cancel an appointment.
- Order repeat prescriptions.
- Update your Mobile number
- Access your medical records

Register now! If you don't already use **PatientAccess**, you will need to register and create an account. You can get a form from Reception or from the website: www.brookesurgery.co.uk

All ready Registered but having problems? If you're having problems logging in, or need help to use **PatientAccess**, speak to someone at Reception and we'll organise one-to-one training for you.